

CET Film Production at FAMU, Fall 2025 | Sienna Scott

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Who are the intended audience(s) of your Perspective Piece? "Students that are an only child in Prague, Students that are struggling with identity and confidence in Prague"

One Day at a Time in Prague

I'm sure you've heard the saying, "Studying abroad changes you," or "Leaving home teaches you who you are." Well, as cliché as those phrases may sound, I discovered they were true. The moment I landed in Prague, Czech Republic, I wrote a single goal in my journal, and that was to "rediscover my happiness."

Those were the exact words.

At my home college, I had been struggling with my identity and self-confidence, yearning for a change, something new, meaningful, and exciting. I wasn't sure what I was expecting at Prague or FAMU. My emotions were overwhelming, as an only child experiencing Europe for the first time and traveling alone. Yet what awaited me in that magnificent city and at that remarkable school became one of the most worthwhile experiences of my life. One that continues to shape me into the best version of myself.

In Prague, I gradually came out of my shell and grew more comfortable with my independence. Through my travels, the connections I formed, tram rides across the city, solo errand runs, small talk exchanged in Czech, and my experiences working on student film sets, I became more confident in my own voice and more secure in who I was becoming.

Moments that initially felt intimidating and scary, such as navigating an unfamiliar city alone or communicating across language barriers, slowly became moments of personal growth. Each unfamiliar experience pushed me beyond my comfort zone and taught me how to adapt with confidence.

Being given the opportunity to work on student-run film sets especially transformed me. Collaborating with students from different backgrounds challenged me to communicate more openly, contribute my creative ideas, and trust my decisions within the project.

Through these experiences, I discovered that confidence is not something that comes overnight, but something built through connection, and vulnerability. If you're even slightly considering studying abroad, I would strongly encourage you to listen to your instincts and make that experience happen for yourself.